

Wellness & Beauty

Every facet of daily life is aligned with the purpose of nurturing health, harmony, and spiritual growth and provides a complete experiential education in holistic living.



RELAXATION MASSAGE

A flowing and soothing massage which assists circulation, allowing you to achieve total serenity.

DEEP/STRETCHING MASSAGE

Concentrated on deep muscle tissue and fascia, enhancing circulation, reducing emotional stress, leading to renewed energy for the body and spirit.

BACK MASSAGE

This massage incorporates slow, firm palm movements to manipulate muscles and joints and focuses on back and shoulders.

MANICURE AND PEDICURE

Complete care for the hands and feet: nail polish application and moisturizing cream to protect the cuticles, while also nourishing the hands/feet and nails.

Hairdresser

Discover hairstyles to inspire you and mix up your look depending on your mood.

